

# Monthly Calendar

## October 2018

### WEEKLY ONGOING ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	8:05 am S.S. Cardio 8:05am Power Pump 9:15 am S.S. Classic 5:30 pm Aerobics/Abs/Buns 5:30 pm Boxing Fitness 5:30 pm Indoor Cycling 6:45 pm Body Sculpting 6:45 pm Boxing Fitness	8:05am ZUMBA 8:15 am CORE 9:30 am SS Yoga 4:00pm Yoga 5:30 pm Circuit Aerobics 6:45 pm ZUMBA	8:05am Power Pump 8:05 am S.S. Cardio 9:15 am S.S. Classic	8:15 am CORE 9:30 am SS Yoga 4:00pm Yoga 5:30 pm Circuit Aerobics 6:45 ZUMBA 5:30 pm Boxing Fitness 5:30 pm Indoor Cycling 6:45 pm Boxing Fitness	8:05am ZUMBA 8:05 am S.S. Cardio 9:15 am S.S. Classic  473-1212  www.mcminnvilletenn.com	
CLOSED	1	2	3	4	5	6
7 Closed	8 BUILDING CLOSED	9	10	11	12	13
14 Closed	15	16	17	18	19 GYM CLOSED SET UP	20 GYM CLOSED EVENT
21 Closed	22	23	24	25	26	27
28 Closed	29	30	31			