

Monthly Calendar

December 2018

WEEKLY ONGOING ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	8:05 am S.S. Cardio 8:05am Power Pump 9:15 am S.S. Classic 5:30 pm Aerobics/Abs/Buns 5:30 pm Boxing Fitness 5:30 pm Indoor Cycling 6:45 pm Body Sculpting 6:45 pm Boxing Fitness	8:05am ZUMBA 8:15 am CORE 9:30 am SS Yoga 4:00pm Yoga 5:30 pm Circuit Aerobics 6:45 pm ZUMBA	8:05am Power Pump 8:05 am S.S. Cardio 9:15 am S.S. Classic	8:15 am CORE 9:30 am SS Yoga 4:00pm Yoga 5:30 pm Circuit Aerobics 6:45 ZUMBA 5:30 pm Boxing Fitness 5:30 pm Indoor Cycling 6:45 pm Boxing Fitness	8:05am ZUMBA 8:05 am S.S. Cardio 9:15 am S.S. Classic 473-1212	www.mcminnvilletenn.com
CLOSED						1
2	3	4	5	6	7	8
Closed						
9	10	11	12	13	14	15
Closed				Gym Closed Private Event		
16	17	18	19	20	21	22
Closed						
23/30	24/31	25	26	27	28	29
Closed	24th Closed Christmas Eve 31st Closed New Year's Eve	Closed Christmas Day				