

Monthly Calendar

June 2019

WEEKLY ONGOING ACTIVITIES

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	8:15 am S.S. Circuit 8:15am Power Pump 9:15 am S.S. Classic 9:30 am Strong 30 11:45am Cycle 30 5:30 pm Aerobics/Abs/Buns 5:30 pm Boxing Fitness 5:30 pm Indoor Cycling 6:45 pm Strong by Zumba 6:45 pm Boxing Fitness	8:15am ZUMBA 8:15 am Vinyasa Yoga 9:30 am SS Yoga 10:45 S.S. Circuit 11:45am Forever Fit Cycle Barre 5:30 pm Circuit Aerobics 6:45 pm ZUMBA	8:15am Power Pump 8:15 am S.S. Circuit 9:15 am S.S. Classic 9:30 am Strong 30 11:45am BARRE 30 5:00pm Strong by Zumba	8:15 am Barre Vinyasa Yoga 9:30 am SS Yoga 11:45am Strong 30 5:30 pm Boxing Fitness 5:30pm Circuit 5:30 pm Indoor Cycling 6:45 pm Boxing Fitness 6:45 ZUMBA	8:15am ZUMBA 8:15 am S.S. Circuit 9:15 am S.S. Classic 11:45am Step 30	9:30am Indoor Cycling
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2	3	4	5	6	7	8
Closed						
9	10	11	12	13	14	15
Closed						
16	17	18	19	20	21	22
Closed						
23/30	24	25	26	27	28	29
Closed						